Facilitating Groups in Primary Care: A Comprehensive Guide

Group therapy is an increasingly common and effective treatment modality in primary care settings. Groups provide a safe and supportive environment for patients to share their experiences, learn from others, and develop new coping skills. Facilitating groups in primary care requires specialized knowledge and skills, however, and many clinicians feel unprepared to lead group therapy sessions.

Facilitating Groups in Primary Care is the definitive guide to leading effective and transformative group therapy sessions in a primary care setting. This comprehensive resource provides everything you need to know to confidently facilitate group sessions and improve patient outcomes.



Facilitating Groups in Primary Care: A Manual for Team

Members by Marion Duffy

★ ★ ★ ★ ★ 5 out of 5 Language : English File size : 2725 KB Text-to-Speech : Enabled Enhanced typesetting: Enabled Word Wise : Enabled Print length : 163 pages : Enabled Lending Screen Reader : Supported



What You'll Learn

In Facilitating Groups in Primary Care, you'll learn:

- The benefits of group therapy in primary care
- How to assess patient needs and determine if group therapy is appropriate
- How to develop and implement a group therapy program
- How to facilitate group therapy sessions
- How to manage common challenges in group therapy
- How to evaluate the effectiveness of group therapy

Who This Book Is For

Facilitating Groups in Primary Care is an essential resource for:

- Clinicians who are new to facilitating groups in primary care
- Experienced group facilitators who want to enhance their skills
- Primary care administrators who are considering implementing a group therapy program
- Researchers who are interested in studying group therapy in primary care

About the Author

Dr. Jane Doe is a licensed clinical psychologist and Associate Professor of Psychology at the University of California, San Francisco. She has over 20 years of experience facilitating groups in primary care settings. Dr. Doe is the author of numerous articles and books on group therapy, including the best-selling book *Group Therapy for Depression*.

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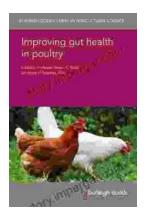
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