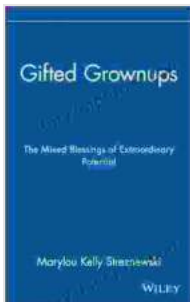


# Gifted Grownups: The Mixed Blessings of Extraordinary Potential

By Dr. Linda Silverman

Giftedness is often seen as a blessing, but it can also be a mixed blessing. Gifted adults often face unique challenges, such as perfectionism, anxiety, and a sense of isolation. They may also find it difficult to fit in with their peers and to find meaningful work. However, giftedness can also bring great rewards, such as creativity, passion, and a desire to make a difference in the world.



## Gifted Grownups: The Mixed Blessings of Extraordinary Potential by Marylou Kelly Streznewski

★★★★☆ 4.6 out of 5

Language : English

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Text-to-Speech: Enabled

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In her book, *Gifted Grownups: The Mixed Blessings of Extraordinary Potential*, Dr. Linda Silverman explores the challenges and rewards of being a gifted adult. The book covers a wide range of topics, including the impact of giftedness on relationships, career, and personal identity.

Silverman argues that giftedness is not simply a matter of intelligence. It is also a way of thinking and experiencing the world. Gifted adults often have a deep need for stimulation, complexity, and challenge. They may also be highly sensitive and have a strong sense of justice. This can make it difficult for them to fit in with their peers and to find meaningful work.

However, Silverman also argues that giftedness can be a great gift. Gifted adults often have a deep passion for their work and a strong desire to make a difference in the world. They are also often highly creative and have a unique perspective on life. Silverman believes that gifted adults can use their unique talents to make a positive contribution to society.

*Gifted Grownups: The Mixed Blessings of Extraordinary Potential* is a valuable resource for gifted adults and their families. The book provides a comprehensive overview of the challenges and rewards of giftedness and offers practical advice for coping with the unique challenges that gifted adults face.

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## About the Author

Dr. Linda Silverman is a clinical psychologist who specializes in working with gifted adults. She is the author of several books on giftedness, including Giftedness 101 and The Gifted Teenager.

## Reviews

"Gifted Grownups is a must-read for anyone who is interested in understanding the unique challenges and rewards of giftedness. Dr. Silverman's insights are invaluable."

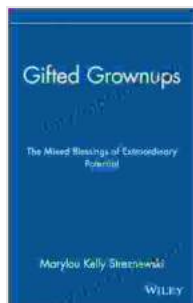
-Dr. Susan Baum, author of A Gifted Life

"Gifted Grownups is a groundbreaking book that will help gifted adults to understand themselves and their potential. Dr. Silverman's research and clinical experience provide a unique perspective on the challenges and rewards of giftedness."

-Dr. Diane Heaphy, author of Smart Kids with School Problems

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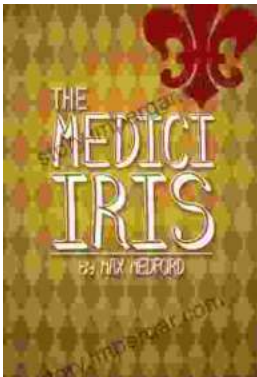
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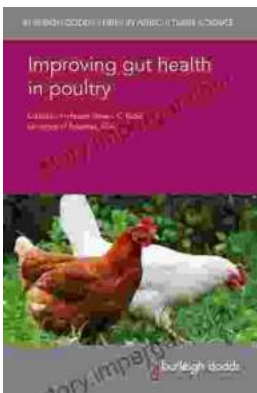
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