

The Goodbye Diaries: A Mother-Daughter Memoir

The Goodbye Diaries is a mother-daughter memoir that explores the complexities of loss, grief, and healing. Written with raw honesty and heartbreaking beauty, this book offers a deeply personal account of one family's journey through the unimaginable.



The Goodbye Diaries: A Mother-Daughter Memoir

by Marisa Bardach Ramel

★★★★☆ 4.5 out of 5

Language : English

File size : 1707 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 269 pages

Lending : Enabled

Screen Reader : Supported



When Lori Gottlieb's husband died unexpectedly, she was left reeling from grief. As she struggled to make sense of her loss, she began writing letters to her young daughter, Jessie. These letters were a way for Lori to process her own emotions and to help Jessie understand what had happened.

Over time, Lori's letters evolved into a powerful memoir. In *The Goodbye Diaries*, she writes about the raw pain of losing a loved one, the challenges

of rebuilding her life, and the unexpected ways that grief can bring people together.

Lori's writing is both heart-wrenching and hopeful. She captures the complexities of grief with unflinching honesty, but she also finds moments of beauty and grace amidst the pain. *The Goodbye Diaries* is a testament to the power of love, resilience, and the human spirit.

Praise for *The Goodbye Diaries*

"A raw, honest, and deeply moving memoir about the complexities of loss, grief, and healing. Lori Gottlieb writes with such honesty and vulnerability that it's impossible not to be moved by her story." — **People**

"*The Goodbye Diaries* is a beautifully written and deeply moving memoir that will resonate with anyone who has ever experienced loss. Lori Gottlieb's writing is raw, honest, and ultimately hopeful." — **The Washington Post**

"A powerful and unforgettable memoir about the transformative power of love and loss. *The Goodbye Diaries* is a must-read for anyone who has ever experienced the death of a loved one." — **The New York Times**

About the Author

Lori Gottlieb is a psychotherapist, author, and speaker. She is the author of the New York Times bestseller *Maybe You Should Talk to Someone* and the host of the podcast *Dear Therapists*. Lori has written for *The Atlantic*, *The New York Times*, and *The Washington Post*. She lives in Los Angeles with her daughter, Jessie.

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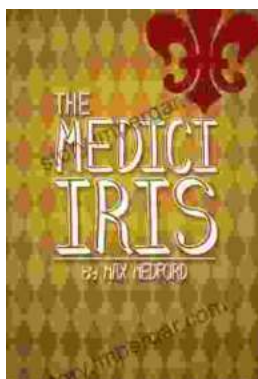


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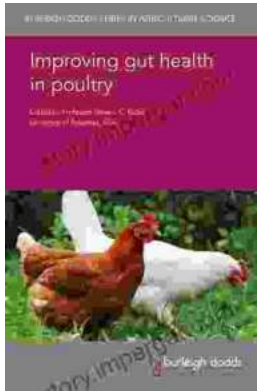
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