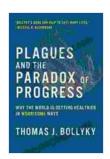
# Why the World Is Getting Healthier in Worrisome Ways

Despite popular belief, the world is actually getting healthier in many ways. Life expectancy is increasing, infant mortality is decreasing, and the incidence of many diseases is on the decline.



## Plagues and the Paradox of Progress: Why the World Is Getting Healthier in Worrisome Ways by Thomas J. Bollyky

★★★★★ 4.5 out of 5
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Text-to-Speech : Enabled
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 266 pages
Screen Reader : Supported



However, this progress is hiding some worrying trends. The prevalence of obesity is increasing, mental health disFree Downloads are on the rise, and antibiotic resistance is becoming a major problem.

## Life expectancy is increasing

In 1900, the average life expectancy was just 47 years. Today, it is over 70 years. This increase is due to a number of factors, including better nutrition, improved sanitation, and advances in medical technology.

However, the increase in life expectancy is not uniform across all populations. In some countries, life expectancy is still very low. For example, in Sierra Leone, the average life expectancy is just 52 years.

### Infant mortality is decreasing

Infant mortality is the death of a child before their first birthday. In 1900, the infant mortality rate was over 100 deaths per 1,000 live births. Today, it is less than 5 deaths per 1,000 live births.

This decrease is due to a number of factors, including better prenatal care, improved nutrition, and the development of vaccines.

However, the infant mortality rate is still high in some countries. For example, in Afghanistan, the infant mortality rate is over 60 deaths per 1,000 live births.

### The incidence of many diseases is on the decline

The incidence of many diseases is on the decline, thanks to advances in medical technology and public health measures.

For example, the incidence of polio has been reduced by over 99% since the development of the polio vaccine. The incidence of measles has also been reduced by over 90% since the development of the measles vaccine.

However, some diseases are on the rise. For example, the incidence of cancer is increasing, due to a number of factors including the aging population and the increased prevalence of obesity.

### The prevalence of obesity is increasing

The prevalence of obesity is increasing worldwide. In 1975, less than 10% of the world's population was obese. Today, over 13% of the world's population is obese.

Obesity is a major risk factor for a number of chronic diseases, including heart disease, stroke, type 2 diabetes, and cancer.

The increase in the prevalence of obesity is due to a number of factors, including the increased consumption of processed foods and sugary drinks, and the decreased levels of physical activity.

#### Mental health disFree Downloads are on the rise

Mental health disFree Downloads are on the rise worldwide. In 2017, over 300 million people were diagnosed with depression. Anxiety disFree Downloads are also common, with over 260 million people diagnosed in 2017.

Mental health disFree Downloads can have a significant impact on a person's life, affecting their ability to work, study, and socialize.

The increase in the prevalence of mental health disFree Downloads is due to a number of factors, including the increased stress of modern life, the decreased stigma associated with mental illness, and the increased availability of mental health services.

### Antibiotic resistance is becoming a major problem

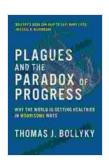
Antibiotic resistance is becoming a major problem worldwide. In 2019, over 1.2 million people died from antibiotic-resistant infections.

Antibiotic resistance occurs when bacteria become resistant to the antibiotics that are used to treat them. This can make it difficult to treat infections, and can lead to serious health problems.

The increase in antibiotic resistance is due to a number of factors, including the overuse of antibiotics and the improper disposal of antibiotics.

The world is getting healthier in many ways. However, this progress is hiding some worrying trends. The prevalence of obesity is increasing, mental health disFree Downloads are on the rise, and antibiotic resistance is becoming a major problem.

These trends are a cause for concern, and they need to be addressed in Free Download to ensure that we continue to make progress in improving the health of the world's population.



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